PSHE	Term 1	Term 2	Term 3	Term 4	Term 5	Term 6	
Values	Respect						
	Friendship and Love	Honesty	Норе	Determination	Courage	Acceptance	
Extra Curricula Focus	Book of Condolence for Queen Eliazbeth II World Mental Health Day (Hello Yellow Day) Lincolnshire Day	Remembrance Day Anti-Bullying Week Children In Need Save The Children — Christmas Jumper Day	Internet Safety Day	Red Nose Day		School council – Lincolnshire Show Sports Day	
Nursery	- Begin to follow the rules and routines with support - Learn to share resources with others - Become more confident with unfamiliar people - Begin to play with one other child Begin to accept praise for things they have done	- Begin to select and use their own resources Show more confidence in new situations such as performing in the Christmas play Begin to extend play ideas when playing with another child Show a greater understanding of the Nursery rules.	- Begin to join others in their play - Begin to show an understanding of how to solve conflicts - Show greater independence in selecting own resources - Begin to talk about their emotions	- Continue to develop their independence in selecting their resources and activities - Begin to accept responsibility for carrying out tasks - Begin to show more confidence with less familiar people who visit school - Develop appropriate ways of being assertive	- Increasingly follow the rules and understand why they are important - Begin to play with more than one child - Extend own play ideas - Use talk to solve conflicts	- Play in a group extending play ideas - Remember the rules without an adult needing to remind them - Show an understanding of how others are feeling	
Reception	- Begin to follow the rules and routines of F2 - Begin to take turns with occasional adult support - Join in a growing range of activities - Know and talk about the different factors that support their overall health and wellbeing inc. regular physical Activity-linked to PE lessons	- Manage own needs i.e. Personal hygiene; toothbrushing - Build constructive and respectful relationships-sharing and cooperating with others - Express their feelings and consider the feelings of others See themselves as a valuable individuals - Converse about own and shared interest e.g. families, culture, likes and dislikes.	- Think about the perspectives of others Identify and moderate their own feelings socially and emotionally-staying calm in the face of frustration, taking turns, wait politely, tidy up after themselves.	- Know and talk about the different factors that support their overall health and wellbeingbeing a safe pedestrian - Show resilience and perseverance of being assertive	- Know and talk about the different factors that support their overall health and wellbeing - healthy eating - Give focused attention to what the teacher says, responding appropriately even when engaged in activity	- Show an understanding of their own feelings and those of others, and begin to regulate their behaviour - Set and work towards simple goals, being able to wait for what they want and control their immediate impulses when appropriate - Explain the reasons for rules, know right from wrong and try to behave accordingly	
Year 1	1Decision Keeping/Staying Healthy: Washing hands. Washing Hands looks at why we should wash our hands and the potential consequences of not washing our hands. (KS1) - H1, H5	1Decision Computer Safety: Online Bullying. Online Bullying looks at being kind and thoughtful online and in real life and allows students to explore what they can do if they feel bullied online. (KS1) - H9, H11, H13, H14,	1Decision Relationships: Friendships. Friendship looks at how we behave within our friendships and how these behaviours can affect others. (KS1) - H15, H24, R6, R8, R9, R11, R21, R22, R24, R25, L6	1Decision Our World: Growing in Our World. Growing in Our World explores the human cycle and how our families are special and unique. (KS1) - H21, H22, H23, H26, R1, R2, R3, R4, R23, L2, L4, L6	1Decision Feelings and Emotions: Jealousy. Jealousy looks at recognising strengths of our own and of those around us and how to deal with feelings of jealousy. (KS1) - H11, H12, H13, H14, H15, H16, H18, H19, H21,	1Decision Keeping/Staying Healthy: Healthy Eating. Healthy Eating looks at how we can make healthy food choices and what might happen if we choose to eat too much unhealthy food. (KS1) - H1, H2	

	1Decision Being Responsible: Water Spillage. Water Spillage looks at the different ways we can cause accidents and how we can prevent accidents from happening. (KS1) - H28, H29, H30, H35, H36, R21, L1	H15, R6, R10, R11, R12, R14, R21, R22 1Decision Relationships: Bullying. Bullying looks at how our actions and words can affect others, and it enables students to explore kind and positive behaviours. (KS1) - H11, H12, H14, H16, H24, R6, R7, R9, R11, R12, R21, R24	1Decision Being Responsible: Practice Makes Perfect. Practice Makes Perfect looks at setting goals and developing skills and strategies to achieve those goals. (KS1) - H3, H18, H22, H23, H24, R23, R24, R25, L14, L17	1Decision Keeping/Staying Safe: Tying Shoelaces. Tying Shoelaces looks at how we can prevent accidents that are often caused when rushing around. (KS1) - H13, H14, H15, H16, H29, H30, R1	H22, R10, R11, R12, R21, R22, R24, L14 1Decision Feelings and Emotions: Worry. Worry allows students to identify what they can do and who they can talk to if they feel worried about something. (KS1) - H11, H12, H13, H14, H15, H16, H18, H19, H24, H27, R5, R20, R25	1Decision Keeping/Staying Safe: Road Safety. Road Safety looks at how we can stay safe when crossing the road and travelling in a vehicle. (KS1) - H29, H32, H33, R2, R17, R20
Year 2	1Decision Keeping/Staying Safe: Staying Safe. Staying Safe looks at the dangers of venturing off with people we don't know very well. (KS1) - H22, H29, H32, H33, R1, R2, R15, R16, R17, R19, R20, R22, L5, L16 (KS2) - H38, H39, H41, R1, R6, R8, R9, R22, R24, R26, R28, R29, R31	1Decision Computer Safety: Image sharing. Image Sharing looks at the types of images we shouldn't share online and how quickly an image can be shared. (KS1) - H11, H13, H14, H24, H28, H29, H34, R6, R10, R11, R12, R17, R21, R22, L1, L7 1Decision Computer Safety: computer Safety Documentary recaps all of the learning points from the topics and allows students to identify more ways to keep themselves safe online. (KS1) - H9, H28, H34, R10, R12, R14, R15, R17, R20, R21, R22, L1, L7, L8, L9	1Decision Feelings and Emotions: Anger. Anger looks at the differences between healthy and unhealthy anger and enables students to identify ways they can manage their anger. (KS1) - H11, H12, H13, H16, H17, H18, H19, H24, R21, R22	1Decision Being Responsible: Helping someone in need. Helping Someone in Need looks at how we can help others at home and in the community and the risks of helping someone we don't know very well. (KS1) - H29, H32, R15, R17, R19, R20, R22	1Decision Keeping/Staying Healthy: Brushing teeth. Brushing Teeth looks at why we should brush our teeth and the potential consequences of not brushing our teeth often enough. (KS1) - H1, H2, H5, H7, H10 1Decision Our World: Living in our World. Living in Our World explores how humans can help take care of living things both inside and outside of the home. (KS1) - H29, R1, R2, R4, R21, L2, L3, L5, L16, L17	1Decision Our World: Working in our World. Working in Our World looks at why humans need money and the ways in which money can be used and received (KS1) - R1, L5, L10, L11, L12, L13, L15, L16, L17
Yr3/4	1Decision Keeping/Staying safe: Cycle Safety. Cycle Safety looks at distractions on the road and how our actions can cause others harm.	1Decision Computer Safety: Online Bullying. Online Bullying looks at the actions we can take if we feel like we are being bullied online.	1Decision Growing and changing: Relationships – appropriate touch. Appropriate Touch explores the difficult	1Decision The Working World: Chores at home. Chores at Home explores the responsibilities that children may have now and in the future. (KS2) - H16, H27, H28,	1Decision Feelings and Emotions: Jealousy. Looks at how the feeling of jealousy can arise when someone new is introduced to a friendship group.	1Decision A World Without Judgement: Breaking down barriers. Breaking down Barriers explores removing barriers and supporting

	(KS2) - H3, H7, H35, H37, H38, H41, R6, R8, R30, L1, L4, L6, L7 1Decision Being Responsible: Coming home on time. Coming Home on Time looks at rules and guidelines children may have to follow. (KS2) - H35, H37, R26, R30, R31, L1, L30	(KS2) - H18, H19, H20, H24, H42, R11, R13, R18, R19, R20, R22, R20, R31, L11	subject of how relationships can be unhealthy or uncomfortable. (KS2) - H18, H19, H20, H21, H24, H25, H27, R1, R3, R4, R5, R6, R7, R8, R9, R16, R22, R24, R25, R27, R29, R32, L2, L6, L8	H35, R6, R8, R30, R31, L1, L4, L5, L6, L7, L25, L26, L27, L28, L29, L30, L31, L32	(KS2) - H17, H18, H19, H20, H20, H24, H27, H28, H29, R10, R11, R13, R14, R16, R17, R20, R30, R33, L4, L25 1Decision Keeping/Staying Healthy: Healthy Living. Healthy Living looks at how certain types of food can affect our performance in a sports event. (KS2) - H2, H3, H4, H5, H6, H7, H8, H9, H11, H13, H16, H21	those who have physical disabilities. (KS2) - H16, H25, H27, H28, R10, R11, R14, R5, R21, R31, R32, L4, L5, L6, L8, L10, L25
Year 5	1Decision Computer Safety: Image Sharing. Image Sharing looks at how we can be pressured in to sending images and how to manage this. (KS2) - H18, H20, H37, H38, H42, R10, R15, R18, R22, R28, R31, L1, L15, L16	1Decision Growing and changing: Puberty. Puberty is a short animation video that looks at the different changes boys and girls go through during puberty. There is no alternative ending. (KS2) - H1, H17, H19, H24, H30, H31, H32, H34, R2	1Decision Feelings and Emotions: Anger. Anger looks at the ways in which we can manage our emotions when we are unable to do something we wanted to. (KS2) - H17, H19, H20, H24, H37, R25, R30, R33, R34	1Decision Keeping/Staying safe: Peer Pressure. This video looks at how we can be influenced and pressured to make unsafe choices (KS2) - H18, H19, H20, H24, H35, H37, H38, H39, H41, R10, R11, R15, R17, R18, R22, R28, R29, R34, L4	1Decision Keeping/Staying Healthy: Smoking. Smoking explores how someone can be pressured in to smoking. (KS2) - H1, H3, H4, H37, H46, H47, H48, H49, H50, R11, R15, R18, R28,	1Decision A World Without Judgement: Acceptance and Inclusion. Inclusion and Acceptance explores the topic of a child having same sex parents. (KS2) - H19, H20, H24, H25, H26, H27, R2, R3, R6, R7, R8, R11, R13, R14, R15, R16, R17, R20, R21, R30, R31, R32, R33, R34, L2, L4, L6, L8, L10
Year 6	1 Decision, Feelings and Emotions – Unit Worry. Looks at transition and the feelings a child can have when starting a new school. (KS2) - H15, H17, H18, H19, H20, H24, H36	1 Decision, Computer Safety – Unit Making friends online. Making Friends Online looks at the dangers of meeting people we have only spoken to online. (KS2) - H35, H37, H38, H42, R1, R11, R12, R15, R18, R20, R22, R23, R24, R26, R28, R29, L1, L11	1 Decision, The Working World – Unit In App-Purchases. In-App Purchases provides a subtle introduction to debt and looks at paying for items through apps or games -H4, H35, H37, R30, L1, L5, L13, L17, L18, L19, L21, L22, L23, L24 1 Decision, Keeping and Staying Healthy – Unit Alcohol. This video explores the dangers of	1 Decision, A World without Judgement - Unit British Values. British Values looks at how we can be inclusive and ensure everyone's beliefs and needs are respected. (KS2) - H24, H25, H27, R1, R6, R7, R11, R21, R30, R31, R32, R33, R34, L1, L2, L3, L4, L6, L7, L8, L9, L10	1 Decision, Keeping and Staying Safe – Unit Water Safety . Water Safety explores the topic of trespassing and the dangers of swimming in open or unknown waters. (KS2) - H37, H38, H39, H41, R15, R18, R28, R29, L1 1 Decision, Being Responsible - Unit Stealing. Stealing explores the topic of	1 Decision, Growing and Changing – Unit Conception. Conception is a short animation video that looks at how a baby is conceived and the various stages of pregnancy. There is no alternative ending. (KS2) - H19, H30, H33, H34, R1, R2, R6, R7, R32, L8

1 Decision, The Working	alcohol and how people	taking something from a
World – Unit In App-	can be affected by	family member without
Purchases. In-App	alcohol in different ways.	asking.
Purchases provides a	(KS2) - H1, H4, H10, H37,	(KS2) - H37, R11, R22,
subtle introduction to	H38, H46, H47, H48, H50,	R26, R30, R31, L1
debt and looks at paying	R9, R10, R15, R18, R28,	
for items through apps or	R29, R34, L1	
games -H4, H35, H37,		
R30, L1, L5, L13, L17, L18,		
L19, L21, L22, L23, L24		