



Year group	Autumn		Spring		Summer	
	Term 1	Term 2	Term 3	Term 4	Term 5	Term 6
Reception	Fundamental movement skills	Fundamental movement skills delivered through ball skills	Gymnastics	Dance	Bat and ball skills	Athletic Skills
Year 1 and Year 1/2	Invasion games through basketball	Dribbling and hitting through hockey	Ball skills/FMS	Gymnastics	Striking and fielding through rounders	Athletics skills
	<b>Fundamental movements skills through ball skills</b>	<b>Team building</b>	<b>Dance</b>	<b>Dance</b>	<b>Net and wall games through Tennis.</b>	<b>Health and fitness</b>
Year 2 and Year 2/3	Invasion games through basketball	Dribbling and hitting through hockey	Ball skills/FMS	Gymnastics	Striking and fielding through rounders	Athletics skills
	<b>Fundamental movement skills through ball skills</b>	<b>Team building</b>	<b>Dance</b>	<b>Year 3 children Swimming Year 2 Dance</b>	<b>OAA</b>	<b>Health and fitness</b>

Year 3/4	Invasion games through tag rugby	Attacking and defending through football	Throwing and catching through netball	Gymnastics	Striking and Fielding through rounders	Athletics
	<b>Healthy lifestyles</b>	<b>Dance</b>	<b>Dance</b>	<b>Swimming</b>	<b>OAA</b>	<b>Invasion Games – through Tennis: Net / Wall</b>
Year 4/5	Invasion games through tag rugby	Attacking and defending through football	Throwing and catching through netball	Gymnastics	Striking and fielding through rounders	Athletics
	<b>Dance</b>	<b>Swimming</b>	<b>Swimming</b>	<b>Yoga</b>	<b>OAA</b>	<b>Healthy lifestyles</b>
Year 5	Invasion games – delivered through tag rugby	Attacking and defending through football	Throwing and catching through netball	Gymnastics	Striking and fielding through rounders	Athletics
	<b>Dance</b>	<b>Swimming</b>	<b>Swimming</b>	<b>Yoga</b>	<b>OAA</b>	<b>Healthy lifestyles</b>
Year 6	Invasion games through tag rugby	Attacking and defending through football	Throwing and catching through netball	Gymnastics	Striking and fielding through rounders	Athletics
	<b>Invasion games delivered through hockey</b>	<b>Yoga</b>	<b>Dance</b>	<b>Dance</b>	<b>OAA</b>	<b>Invasion Games – through Tennis: Net / Wall</b>

Competitions	COVID-19 dependent. Organised when we can meet risk assessments.
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